

*❧ Hustle and Practice with Carl Charles ❧
Thursday Night Hustle Fever Class
Hustle 7:15 p.m. to 9:00 p.m.*



❧ About Hustle ❧

Hustle is not really “disco dancing” any more, although that was fun, too! Hustle began in the 1970s in New York City and has continued to evolve, becoming the most vibrant, energetic, and challenging of all the social dances.

Because Hustle includes four foot movements in three musical counts, it is one of the most aerobic and energetic of all the dances.

Hustle can be danced fast or slow. When you slow down Hustle, you can see what makes the dance unique: The flowing arms, the focus on turns, and the lines you can create. Many of these moves have since been incorporated into Salsa and West Coast Swing.

❧ About Carl Charles ❧

Carl Charles, one of New York’s most beloved and acclaimed partner dance instructors, teaches Hustle, East Coast Swing, Salsa, and all the ballroom dances in the Greater Fort Lauderdale area. His classes are full of fun while never losing the focus on technique. After teaching himself to dance in his native Guyana and the clubs of New York City, Carl’s performances at New York’s Lincoln Center earned him the title “King of the Hustle.” Read more at www.carlcharlesdance.com.